



Geriatric Care Management

Senior Care Navigators and Advocates

Geriatric Care Management is a specialized service that helps older adults and their families manage the complex issues associated with aging. Geriatric care managers, also known as Aging Life Care professionals, are typically trained in gerontology, social work, nursing, or a related field.

They provide a wide range of services aimed at improving the quality of life for older adults, particularly those facing health challenges, cognitive decline, or difficulties with daily living.



Most GCMs charge an hourly rate for their services. The rate can vary widely based on factors like location, experience, and the complexity of the client's needs. Typical rates range from \$125 to \$250 per hour.

Key Responsibilities

1. Assessment and Planning

They conduct comprehensive assessments of the older adult's physical, emotional, and social needs, as well as their living situation. From this assessment, they develop personalized care plans.

2. Care Coordination

They coordinate and manage the various aspects of care, which may include medical appointments, home care services, transportation, and meal planning.

3. Monitoring and Advocacy:

They monitor the care provided to ensure it meets the older adult's needs. They act as advocates for the older adult, communicating with healthcare providers, caregivers, and family members to ensure that the care plan is followed.

4. Crisis Intervention

They provide support during crises, such as hospitalizations or sudden changes in health, helping to navigate complex medical and social systems.

5. Family Support

They offer guidance and support to family members, helping them understand the older adult's needs, facilitating difficult conversations, and reducing family stress.

6. Financial and Legal Resources

Geriatric care managers may assist in managing financial and legal issues, such as understanding insurance benefits, planning for long-term care, or connecting with elder law attorneys.



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Overall, Geriatric Care Managers aims to ensure that older adults receive the appropriate care and support needed to maintain their independence, safety, and quality of life, while also providing peace of mind to their families.