

Alzheimer's Disease Stages & Symptoms

Alzheimer's is the most diagnosed form of Dementia and typically progresses in several stages: Mild, Moderate, and Severe. Below are some signs of each of these stages:

Progression of Alzheimer's Disease





Healthy Brain



Disease



Severe Alzheimer's Disease



Normal Alzheimer's

Early

Late Alzheimer's





Pre-Clinical or Mild

- Memory loss that disrupts daily life
- Poor judgment, leading to bad decisions
- Loss of spontaneity and sense of initiative
- Losing track of dates or knowing current location
- Taking longer to complete normal daily tasks
- Repeating questions or forgetting recently learned information
- Trouble handling money and paying bills
- Challenges in planning or solving problems
- Wandering and getting lost
- Losing things or misplacing them in odd places
- Difficulty completing tasks such as bathing
- Mood and personality changes
- Increased anxiety and/or aggression

Moderate

- Increased confusion and memory loss, such as forgetting events or personal history
- Difficulty organizing thoughts and thinking logically
- Difficulty with language and problems
- Withdrawal from social activities
- Inability to learn new things
- Repetitive statements or movement, occasional muscle twitches
- Difficulty carrying out familiar, multistep tasks
- Hallucinations, delusions, and paranoia
- Impulsive behavior, such as undressing at inappropriate times or places, or using vulgar language
- Inappropriate emotional outbursts
- Restlessness, agitation, anxiety, tearfulness, wandering

Severe

- Inability to communicate
- No awareness of recent experiences or surroundings
- Weight loss with little interest in eating
- Seizures
- General physical decline, including dental, skin, and foot problems
- Difficulty swallowing
- Groaning, moaning, or grunting
- Increased sleeping
- Loss of bowel and bladder control





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